



[L031/2024]

29th February 2024

Dear Parent / Guardian,

INVITATION TO ATTEND C.A.R.E. SYMPOSIUM 2024

1. As a Student Leader of the school, your child has been selected to attend the C.A.R.E. Symposium, where C.A.R.E. stands for **Caring Advocates Reflecting Empathy**. The theme for this year's symposium is – *Peer Support Leaders: We Make the Difference!*
2. From the symposium, your child will learn to:
 - Look out for one another and provide support to their peers in need;
 - Create a community of care and support amongst peers; and
 - Grow in peer support knowledge and skills, such as in communication and relationship-building.
3. The school will be engaging a vendor to conduct the training, where your child will learn about positive thinking, importance of empathy and practical tips and tools to provide support to peers, through activities and reflections. Students will share their learning later (for example skit or artwork depending on their levels).
4. Please see below for more information regarding the Symposium.

Dates:	22 nd March 2024, Friday		
Time:	2pm to 4.30pm		
Costs	Cost payable by student (From Edusave / Cash / Cheque)	School Subsidy	Total Cost
Singaporean / Permanent Residence / International Student	\$20	\$15	\$35
School Based FAS Student	\$8	\$27	
MOE FAS Student	\$4	\$31	
Other Remarks:	Students will have their lunch in the canteen at 1.30pm. Refreshments will be provided. Respective PSLs groups will have their training in the following venues: Primary 3 and Primary 4 Class PSLs: P3-Graciousness Primary 5 and Primary 6 Class PSLs and Prefects: P3-Respect and P3-Responsibility Primary 5 and Primary 6 CCA PSLs: P3-Integrity Please refer to Annex A for an overview of the programme. Please make transport arrangements for your child/ward after the training sessions as school bus service will be unavailable at the stated dismissal time.		



YU NENG PRIMARY SCHOOL • 育能小学

56 Bedok North Street 3 Singapore 469623
Tel: 6449 0121 • Fax: 6449 8564 • Email: ynps@moe.edu.sg
Website: <http://www.yunengpri.moe.edu.sg>

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5. **Payment**

- i) For parents/guardian who have earlier authorised the Enrichment Programme Standing Order (EPSO), the school will deduct the amount payable from your child's Edusave Account. However, please note that you will have to pay the fees in cash or cheque should there be insufficient funds in your child's Edusave account. Do note that deductions will only be made if the planned programme is conducted.
 - ii) For Singaporeans who did not opt-in for EPSO but have opted-in for GIRO, the amount payable will be deducted from the designated GIRO account.
 - iii) Singaporeans without EPSO and GIRO, Permanent Residents and International Students will receive a School Bill later.
 - iv) For students who did not take part in the programmed and is not charged by the vendor, the payment amount will be refunded to the student.
6. We hope you will support your child to participate in this meaningful event. Kindly provide your consent via Parents Gateway by **Friday, 8th March 2024**.
 7. If you have further enquiries, please do not hesitate to email Mr Ho Wei Hao, HOD CCE (Covering) at ho_wei_hao@moe.edu.sg.
 8. Thank you and we look forward to partnering you to create a memorable Yu Neng experience for your child / ward.

Warmest Regards,

Mr Ng Yeow Ling
Principal



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Annex A

S/N	Time	Programme
Primary 3 and Primary 4 Class PSLs		
01	2pm to 2.15pm	Ice Breaker and pre-workshop survey
02	2.15pm to 2.45pm	<u>Activity 1 – Expressing Gratitude</u> Through the activity, students will learn the importance of expressing gratitude
03	2.45pm to 3.20pm	<u>Activity 2 – Kindness Bingo</u> Students will gain awareness on how simple act of kindness can be impactful
04	3.20pm to 4.20pm	<u>Activity 3 – Kindness Jigsaw Puzzle</u> Students will design a kindness board to encourage one another
05	4.20pm to 4.30pm	Debrief, post workshop survey and dismissal
Primary 5 and Primary 6 Class PSLs and Prefects		
01	2pm to 2.15pm	Ice Breaker and pre-workshop survey
02	2.15pm to 2.45pm	<u>Activity 1 – Role Play</u> Students will learn how to respond constructively to others' good news through role-play
03	2.45pm to 3.20pm	<u>Activity 2 – Conversation Kerfuffle</u> Students will learn how to respond to others constructively during triggering moments
04	3.20pm to 4.20pm	<u>Activity 3 – Creating a skit</u> Students will create and present their skit about responding to people in different situations
05	4.20pm to 4.30pm	Debrief, post workshop survey and dismissal



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Annex A (continued)

S/N	Time	Programme
CCA Leaders		
01	2pm to 2.15pm	Ice Breaker and pre-workshop survey
02	2.15pm to 2.35pm	<u>Activity 1 – Emotions Charades</u> Students will learn how to identify emotions in others around them and address these emotions
03	2.35pm to 2.50pm	<u>Activity 2 – Connecting the way I think to my feelings</u> Students will learn how the way they think will affect their emotions.
04	2.50pm to 3.20pm	<u>Activity 3 – Role Play</u> Students will role play to demonstrate how they can manage stress through distancing and distracting strategies.
05	3.20pm to 4.20pm	<u>Activity 4 – Air Plant</u> Students will decorate and create an air plant that will serve to remind them on how they have to be observant of their peers and grow from the challenges
06	4.20pm to 4.30pm	Debrief, post workshop survey and dismissal